



AESTHETICS
828 2nd St i Suite B and C
Mukilteo, WA. 98275
(425) 341 4305

POST LASER INSTRUCTIONS

You have been treated with the KTP laser. The treated area is sensitive and needs to be protected. Please note the following:

Immediately after treatment you will experience initial redness and mild occasional crusting lasting 1-5 days. **Optimal results can take 6-8 weeks.**

Aquaphor should be applied for the first 3-5 days as frequently as possible or until blistering or crusting is no longer evident. To prevent scarring do no rub, scratch, or pull off scabs. If you experience itching avoid scratching.

Swelling may occur, and can be decreased by applying a cold pack to the area and elevation. Swelling may last 2-3 days; extensively treated areas may last longer. Swelling around the eyes is common especially if the cheek areas have been treated.

Initially makeup should be avoided on treated areas to prevent irritation. Showering is permitted. Only use a very mild cleanser initially. Do not rub treated area with face cloth or towel. Pat the area gently to dry. **Patients using KRx products should stop Exfoliating Cream and Tretinoin for 5-7 days following the laser treatment.**

The laser treatment may remove pigment and increase sun sensitivity. Protect treated areas by wearing protective clothing or hat. When area is fully healed use a sunscreen with a SPF of 15 or higher. Sun exposure results in increased skin pigment and reduces the effectiveness of further laser treatments.

For discomfort take acetaminophen. You may take acetaminophen prior to your next treatment.

If you have further questions call us at 425-347-9999